

WORLD MENTAL HEALTH DAY

Thursday 10 October 2019 at the ORTUS, from 11am

The Maudsley Charity presents a day of activities to mark World Mental Health Day at the ORTUS. The day is free and open to everyone: patients, staff and the local community.

Drop-ins welcome, but for more details and to reserve a ticket visit:
maudsleycharity-wmhd.eventbrite.co.uk

WORKSHOPS

Pilowsky

11:00 - 16:00

Drop-In

Bethlem Museum: Object Handling Get up close with objects from the Museum's collections, guess at their uses, learn, discuss and reminisce.

Bethlem Gallery: Art of Protest Make a banner with artists and students from Goldsmiths College.

Recovery College Sample the College's collaborative workshops and learn how to manage your own recovery, or that of someone you care for, or work with.

INFO STALLS

Mezzanine

11:00 - 16:00

Drop-In

A range of Charity-funded projects will be on hand to talk about their work, sharing good practice and providing advice and information.

FILM SCREENINGS

Connect

11:00 - 16:00

Drop-In

Short films screened throughout the day, including *Animated Minds*, *Dementia Monologues*, *Walk This Way* and *Mind the Gap: 17-25*.

Suicide Prevention strategy launch

Entry at 16:00

Drop-In

Launch of the Trust's new suicide prevention strategy and film.

Irene's Ghost film and panel discussion

17:15 - 19:30

Ticketed

A son's moving journey to understand his mother's postpartum psychosis.

Enjoy a lunchtime street food pop-up at the ORTUS Cafe,
alongside the usual selection of food and drinks



ORTUS, 82-96 Grove Lane, London, SE5 8SN
maudsleycharity.org | [@maudsleycharity](https://twitter.com/maudsleycharity)

Maudsley
Charity

Backing
Better
Mental
Health.

WORLD
MENTAL
HEALTH
DAY



AT THE ORTUS

10 October 2019

A day of workshops,
information stalls and
film screenings

Free and open to everyone